Aug

Aug

18

Daily Menu CB Charter Breakfast HHFKA 9-12 (age 14-18)

Aug 9

Monday Tuesday Wednesday Thursday Friday

Breakfast Pizza Bagel Slid ers Frudel - Apple - Pillsbury Mixed Fruit: Canned/Lite Raisins Milk White 1% Milk White Fat-Free

Yogurt Parfait
French Toast Sticks
Orange Juice Carton
STRAWBERRIES: frozen
Milk White 1%
Milk White Fat-Free

Pancakes
Double Chocolate Muffin
Apple, Gala
Peaches: canned
Milk White 1%
Milk White Fat-Free

Aug 14

Bagel w/ Cream Cheese
Cinnamon Toast Crunch B
ar
Apple, Gala
Mixed Fruit: Canned/Lite
Milk White 1%
Milk White Fat-Free

Aug 15

Strawberry Boli Breakfast Cookie PEARS: canned,light syrup Banana, Fresh Milk White 1% Milk White Fat-Free Aug 16 Tornado Egg, Sausage, Ch

eese
Maple (Turkey) Pancake W
rap
Applesauce
Raisins
Milk White 1%
Milk White Fat-Free

Aug 17

Aug 10

Cinnamon Roll
Cereal Bowlpack
STRAWBERRIES: frozen
Grapes
Milk White 1%
Milk White Fat-Free

Apple Cinnamon Scone
Overnight Oats
Mixed Fruit: Canned/Lite
Grapes
Milk White 1%
Milk White Fat-Free

Aug 21

Breakfast Pizza Bagel Slid ers Frudel - Apple - Pillsbury Mixed Fruit: Canned/Lite Raisins Milk White 1% Milk White Fat-Free Aug 22

Yogurt Parfait
French Toast Sticks
Orange Juice Carton
STRAWBERRIES: frozen
Milk White 1%
Milk White Fat-Free

Aug 23

Pancakes
Double Chocolate Muffin
Apple, Gala
Peaches: canned
Milk White 1%
Milk White Fat-Free

Aug 24

Cinnamon Roll
Cereal Bowlpack
Blueberries
Applesauce: Canned
Milk White 1%
Milk White Fat-Free

Aug 25

Pancake Bites IW Bakecraf ters Muffin Bar, Cocoa Kiwi Craisins, Watermelon Milk White 1% Milk White Fat-Free Aug 28

Strawberry Boli Breakfast Cookie PEARS: canned,light syrup Banana, Fresh Milk White 1% Milk White Fat-Free Aug 29

Tornado Egg, Sausage, Ch
eese
Maple (Turkey) Pancake W
rap
Applesauce
Raisins
Milk White 1%
Milk White Fat-Free

Aug 30

Cinnamon Roll
Cereal Bowlpack
STRAWBERRIES: frozen
Grapes
Milk White 1%
Milk White Fat-Free

Aug 31

Apple Cinnamon Scone
Overnight Oats
Mixed Fruit: Canned/Lite
Grapes
Milk White 1%
Milk White Fat-Free

Bagel w/ Cream Cheese Cinnamon Toast Crunch B ar Apple, Gala Mixed Fruit: Canned/Lite Milk White 1%

Milk White Fat-Free

Aug 7, 2023