

Mother Lode Union School District Daily Menu CB Charter Lunch HHFKA 9-12 (age 14-18) Mother Lode USD				
Monday	Tuesday	Wednesday	Thursday	Friday
		Aug 9 Crispy Chicken Sandwich with Slaw Street Corn Fries Doritos Nacho Cheese Salad Bar Mixed Fruit: Canned/Lite PEARS: canned,light syrup Milk Chocolate Fat-Free Milk White 1%	Aug 10 Chicken Chipotle S'wich Corn Dog Doritos Nacho Cheese Salad Bar Pears: Canned/Sliced Craisins, Watermelon Milk Chocolate Fat-Free Milk White 1%	Aug 11 Chicken Drumstick & Corn bread HS Chicken Nuggets with Cornbread Goldfish Crackers Cheddar Salad Bar Applesauce: Canned Blueberries Milk Chocolate Fat-Free Milk White 1%
Aug 14 BBQ Turkey Sandwich Corn Dog Italian Pasta Salad Salad Bar Blueberries Peaches: Canned/Sliced Milk White 1% Milk Chocolate Fat-Free	Aug 15 HS Chicken Nuggets with Cornbread Pepperoni Pizza Salad Bar Peaches: Canned/Sliced Banana Milk Chocolate Fat-Free Milk White 1%	Aug 16 Taco Salad Tamales Cheese Stick Salad Bar Applesauce: Canned Grapes Milk Chocolate Fat-Free Milk White 1%	Aug 17 Teriyaki Chicken with Brown Rice and Vegetables Chicken Double Dog Salad Bar Grapes Raisins Milk Chocolate Fat-Free Milk White 1%	Aug 18 Lasagna Roll&Garlic Bread Double Cheeseburger Salad Bar Apple, Gala STRAWBERRIES: frozen Milk Chocolate Fat-Free Milk White 1%

Aug  
21

Chicken Chipotle S'wich  
Corn Dog  
Doritos Nacho Cheese  
Salad Bar  
Pears: Canned/Sliced  
Craisins, Watermelon  
Milk Chocolate Fat-Free  
Milk White 1%

Aug  
22

Chicken Drumstick & Corn  
bread  
HS Chicken Nuggets with  
Cornbread  
Goldfish Crackers Cheddar  
Salad Bar  
Applesauce: Canned  
Blueberries  
Milk Chocolate Fat-Free  
Milk White 1%

Aug  
23

Pepperoni Pizza  
Turkey Sub Sandwich  
Salad Bar  
Craisins, Watermelon  
Kiwi  
Milk White 1%  
Milk Chocolate Fat-Free

Aug  
24

Chicken Dumplings  
General Tso Chicken with  
Brown Rice and Vegetable  
Three Bean Salad  
Salad Bar  
STRAWBERRIES: frozen  
Mixed Fruit: Canned/Lite  
Milk Chocolate Fat-Free  
Milk White 1%

Aug  
25

Crispy Chicken Sandwich  
with Slaw  
Street Corn Fries  
Doritos Nacho Cheese  
Salad Bar  
Mixed Fruit: Canned/Lite  
PEARS: canned, light syrup  
Milk Chocolate Fat-Free  
Milk White 1%

Aug  
28

HS Chicken Nuggets with  
Cornbread  
Pepperoni Pizza  
Salad Bar  
Peaches: Canned/Sliced  
Banana  
Milk Chocolate Fat-Free  
Milk White 1%

Aug  
29

Taco Salad  
Tamales  
Cheese Stick  
Salad Bar  
Applesauce: Canned  
Grapes  
Milk Chocolate Fat-Free  
Milk White 1%

Aug  
30

Teriyaki Chicken with Brown  
Rice and Vegetables  
Chicken Double Dog  
Salad Bar  
Grapes  
Raisins  
Milk Chocolate Fat-Free  
Milk White 1%

Aug  
31

Lasagna Roll & Garlic Bread  
Double Cheeseburger  
Salad Bar  
Apple, Gala  
STRAWBERRIES: frozen  
Milk Chocolate Fat-Free  
Milk White 1%

Sep 1

BBQ Turkey Sandwich  
Corn Dog  
Italian Pasta Salad  
Salad Bar  
Blueberries  
Peaches: Canned/Sliced  
Milk White 1%  
Milk Chocolate Fat-Free

Aug 7, 2023